



FREE TRAINING BY FDLE

This training is designed for master's and doctoral-level licensed mental health clinicians who are interested in serving the law enforcement community. The course offers a unique opportunity to learn directly from law enforcement professionals as they share the realities of their work, the challenges they face, and how they and their families have built resilience over time.

While efficacious treatments and the clinician's role may be briefly discussed, the primary focus is on increasing cultural understanding and credibility when working with this population. The content is grounded in peer-reviewed trauma literature and shaped by the real-world experiences of law enforcement Subject Matter Experts.

COURSE OBJECTIVES

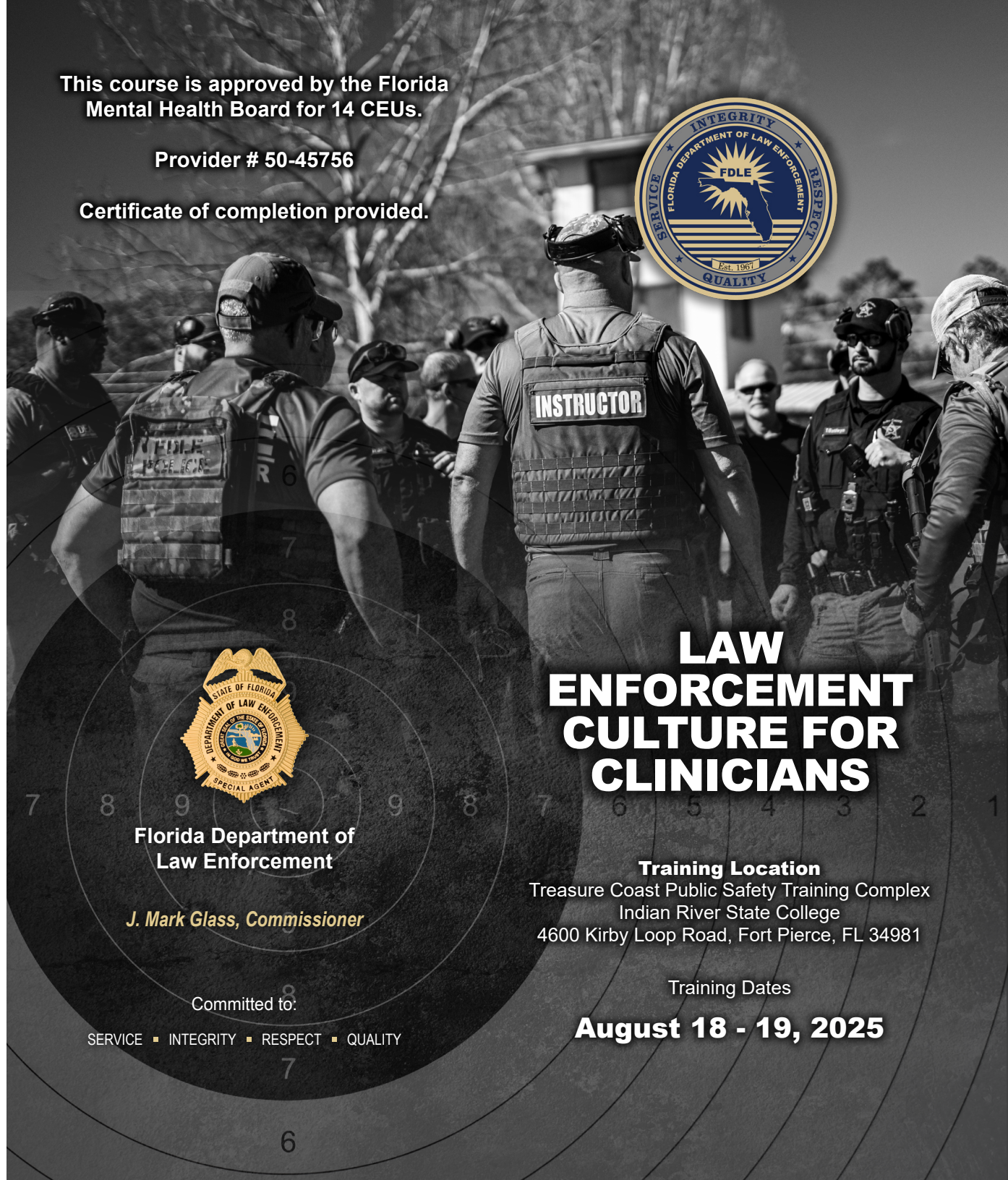
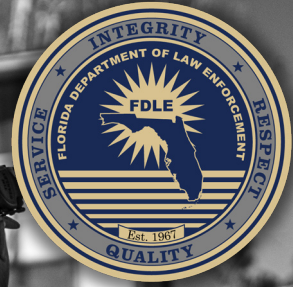
Using the Stress-X Continuum, clinicians gain insight into the unique challenges faced by law enforcement across their career.

- Clinicians will explore strategies that support the development of trust and rapport when working with the law enforcement community.
- Clinicians will be introduced to psychoeducation tools and evidence-based approaches commonly used within the law enforcement community.
- Clinicians will observe and engage in real-life law enforcement scenarios, followed by guided debriefings that reflect the structure of a critical incident response.

This course is approved by the Florida
Mental Health Board for 14 CEUs.

Provider # 50-45756

Certificate of completion provided.



Florida Department of
Law Enforcement

J. Mark Glass, Commissioner

Committed to:

SERVICE ■ INTEGRITY ■ RESPECT ■ QUALITY

LAW ENFORCEMENT CULTURE FOR CLINICIANS

Training Location

Treasure Coast Public Safety Training Complex
Indian River State College
4600 Kirby Loop Road, Fort Pierce, FL 34981

Training Dates

August 18 - 19, 2025

LEAD INSTRUCTOR

Michelle A. Walsh,
MSW, LCSW, QS

Michelle is a Licensed Clinical Social Worker in the Tallahassee area. She has over 20 years of experience working with various populations in providing counseling to clients with depression, anxiety, grief, trauma, substance abuse and co-occurring disorders. She has worked in various settings providing psychotherapy to veteran and first responder communities, specializing in PTSD.

Michelle is a certified Accelerated Resolution Therapist. This psychotherapy has been shown to be effective in clients dealing with post-traumatic stress disorder, complicated grief and severe depression/anxiety. She facilitates crisis intervention and stress management through the use of Cognitive Behavioral Therapy and Solution Focused Therapy.

Michelle draws from a variety of methods to create a tailored approach for each individual and situation. She considers herself an active therapist integrating experience, education, creativity and a sense of humor with a down-to-earth approach to counseling.

Michelle has provided education to Sheriff's Offices, the FDLE Advanced Leadership Program, and the Chief Executive Seminar in Stress Awareness and Management for law enforcement.

Michelle has been married to a law enforcement officer since 2001.



What to Expect...

Over the course of two days, participants move through a combination of classroom instruction & scenario-based learning.

Day One includes foundational content on law enforcement stress, cultural context, and critical incident case studies such as Pulse nightclub and an ambush shooting.

Day Two shifts to interactive, scenario-based training where participants observe and engage in law enforcement situations, followed by large-group debriefings. The course concludes with a wrap-up discussion and feedback.

What Others Have Said...

"I really enjoyed all the presentations and feel very privileged to have experienced this training. Overall, it was a very eye-opening experience with extremely salient information."

"...The course was an engaging combo of clinical information (including Michelle Walsh's LE-specific Stress-X Continuum - that I introduced clients to immediately) and an unbelievable experiential portion."

Faced with interactive, real-time experiences of whether or not to use lethal force in "routine" LEO encounters, plus engaging in an active shooter scenario from building entry to elimination of the threat (exactly what it sounds like), it was a phenomenal immersion in the cortisol-spiking, brain bending, splitsecond life or death situations LEOs must be ready to face on a daily bases. Highly recommend for anyone working with law enforcement and their families."

"I learned so much more from listening to explanations and the "why's" from the law enforcement perspective."



Registration:
For additional information
and to register for this course, please
contact Julie Johnson, LECC Coordinator
via JulieJohnson@fdle.state.fl.us or
scan the QR Code to directly
access the course registration.

