

This is How I Stay Safe All Day

Walking in the empty sidewalk. You feel alone, calm, and most importantly safe... But are you? Children have been abducted when they least expect it. We need to know ways to stay safe in an emergency like this. We can all be aware of our surroundings and we can find a way to stay safe when we are in this situation. There have been so many abductions all over the world and they are not only children. Can you imagine getting abducted? I don't want to imagine the fear I would feel! There are ways to stay safe and avoid the situation, for example, walk in front of your parents, don't talk or listen to anyone that you don't know, and if someone is following you, run away! We need to know what to do when we feel that we may be in the situation of possibly getting abducted.

Sometimes you may feel that you are responsible to walk alone and be safe, yet you do not realize that someone is watching you and is planning the perfect time to strike. That is why you should always walk in front of your parents, at least when you are young. For example, an article that I read called, *A Child's Perspective*, it states, "If you're walking with your parents or someone, always stay in front of them not in the back because it would be easy for the abductor to capture you." This takes me back to the time when I would walk home from school with my grandma and she always said to walk in front of her.

Don't talk or listen to anyone that you don't know. If they ask you if you want something, for example "Do you want to see the puppies I have in my car? Just come and follow me!" Don't listen, even if they are telling the truth. Don't go with them because it is not always real, they may want to abduct you! For example, in the article I read, *Avoiding and Surviving Kidnapping Situations*, it states, "If someone tells you follow me for whatever reason, don't follow them! They are planning to abduct you, so if a stranger even speaks to you, pretend you don't hear them and keep walking." Every time I go on school field trips my mom tells me not to listen to any stranger who talks to me and only listen to the teacher. Fortunately, I have never needed to use that tip because it has not happened! When a stranger talks to you just ignore them and run as fast as you can.

If you see someone around you, following or looking at you, just go away and try to avoid them. If the person keeps following you walk to a populated area. They have a better chance of losing you and you have the chance to escape. For example, in the article I read called, *Ways to Stay Safe from Being Kidnapped*, it states, "If you sense someone following you when you get off a bus or train, walk forward to a well- populated area." I will always remember this tip and I will be sure to stay safe every day!

It's hard being safe from abductors but you can always find ways to prevent getting abducted. You can walk in front of your parents, don't talk or listen to anyone you don't know, and walk away from anyone that is following you or even looking at you. When you are thinking of going somewhere, you probably don't think of the fact that you might be in danger, that is why you should always make sure that you know what to do to stay safe all day.