# Mosquito Bite Protection in Florida Content courtesy of Department of Health material.

#### Use Environmental Protection Agency (EPA)-Registered Insect Repellents

- If you use sunscreen, put sunscreen on first and insect repellent second.
- It is safe for pregnant or nursing women to use EPA-approved repellents if applied according to package label instructions.

# Cover Up with Clothing

• Wear long-sleeved shirts and long pants.

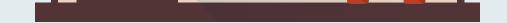


- Use permetrin-treated clothing and gear.
- Do not use permethrin products directly on skin.

## Keep Mosquitoes Outside

Keep screens on all windows.

Use air conditioning.



Repair holes in screens.

Keep doors and windows shut.

### **Stop Mosquitoes from Breeding**

