Mosquito Bite Protection in Florida

Use Environmental Protection Agency (EPA)-Registered Insect Repellents

- If you use sunscreen, put sunscreen on first and insect repellent second.
- It is safe for pregnant or nursing women to use EPA-approved repellents if applied according to package label instructions.

Cover Up with Clothing

- Wear long-sleeved shirts and long pants.
- Use permethrin-treated clothing and gear.
- Do not use permethrin products directly on skin.

Keep Mosquitoes Outside

- Use air conditioning.
- Keep doors and windows shut.
- Keep screens on all windows.
- Repair holes in screens.

Stop Mosquitoes from Breeding

- Mosquitoes breed by laying eggs in & near standing water.
- One bottle cap of water is enough for mosquitoes to breed in and multiply.

For more information, visit floridahealth.gov.