

Running Head: BENIFTS OF WELLNESS PROGRAMS
Advantages of Wellness Programs In Law Enforcement Agencies

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Abstract

The purpose of this study was to discover if law enforcement agencies that implement wellness programs report decreases in health insurance rates. Through analyzing data of 13 law enforcement agencies the author points out that the wellness program alone does not seem to have an affect. Much like businesses in the corporate world, the contributing factor in common for those agencies that report no increase in rates was that employees pay for a portion of their health insurance premium.