

Crisis Intervention Teams: Have You Refreshed Your Cit Training?

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In an effort to improve recent methods of managing situations involving the mentally ill in crisis and the responding officer, Crisis Intervention Team was created. CIT emphasizes a partnership between law enforcement, the mental health system and their families. CIT sets out to reduce, prevent or eliminate injury to both the consumer and the officer and is presently being developed in many agencies. It is believed that CIT can be successfully implemented through the accomplishment of core elements and specially designed training. This paper is to educate the reader about the origin, philosophy, failures, and accomplishments of CIT and hopefully encourage agencies to see the importance of refresher training.