



THIS TRAINING IS BEING OFFERED FREE BY FDLE

This training is designed for masters and doctoral level licensed mental health clinicians who are interested in providing mental health services to the law enforcement community. This course provides an opportunity for the law enforcement community to partner with clinicians to share challenges and how they and their families built resiliency during their career. Efficacious treatments will be discussed and the clinician's role as a mental health professional will be explored. The content of this training has been developed from the peer-reviewed literature on trauma and from real-world life experiences from Subject Matter Experts in the law enforcement community.

A certificate of training will be awarded at the conclusion of the training.

COURSE OBJECTIVES:

- With the use of the Stress X Continuum, clinicians will obtain a better understanding of different challenges that the law enforcement community experience in their lifetime
- Clinicians will learn approaches to build trust and rapport with the law enforcement community.
- Clinicians will learn psychoeducation techniques and evidenced-based modalities proven to be efficacious in the law enforcement community.
- Scenarios based on real life events will provide clinicians a chance to participate in and experience critical incident. Critical incident debriefings will occur after event scenario..



Florida Department of
Law Enforcement

J. Mark Glass, Commissioner

Committed to:

SERVICE ■ INTEGRITY ■ RESPECT ■ QUALITY

LAW ENFORCEMENT CULTURE FOR CLINICIANS

Location of the training:

Treasure Coast Public Safety Training Complex,
Indian River State College, 4600 Kirby Loop
Road, Fort Pierce, FL 34981

Dates of the Training:

May 13-14, 2024

COURSE LEAD INSTRUCTOR:

Michelle A. Walsh,
MSW, LCSW, QS

Michelle is a Licensed Clinical Social Worker in the Tallahassee area. She has over 20 years of experience working with various populations in providing counseling to clients with depression, anxiety, grief, trauma, substance abuse and co-occurring disorders. She has worked in various settings providing psychotherapy to veteran and first responder communities, specializing in PTSD.

Michelle is a certified Accelerated Resolution Therapist. This psychotherapy has been shown to be effective in clients dealing with post-traumatic stress disorder, complicated grief and severe depression/anxiety. She facilitates crisis intervention and stress management through the use of Cognitive Behavioral Therapy and Solution Focused Therapy.

Michelle draws from a variety of methods to create a tailored approach for each individual and situation. She considers herself an active therapist integrating experience, education, creativity and a sense of humor with a down-to-earth approach to counseling.

Michelle has provided education to Sheriff's Offices, the FDLE Advanced Leadership Program and the Chief Executive Seminar in Stress Awareness and Management for law enforcement.

Michelle has been married to a law enforcement officer for 23 years.

Schedule of Training:

Day One:

8:00 AM – 8:45 AM
Classroom, Introduction, Description, Ground Rules

8:45 AM – 9:00 AM

Break

9:00 AM – 10:30 AM
Classroom, Stress X Continuum

10:30 AM – 10:45 AM

Break

10:45 AM – 12:00 PM
Classroom, 1997 Ambush Debrief

12:00 PM – 1:00PM

Lunch

1:00 PM – 2:30 PM
Classroom, Pulse Debrief

2:30 PM – 2:45 PM

Break

3:00 PM – 4:30 PM
Classroom, Confronting Evil, Pursuing Truth

Day Two

8:00 AM – 8:45 AM
Classroom, What's on your mind? Accelerated Resolution Therapy Introduction

8:45 AM – 9:00 AM

Break

9:00 AM – 12:00 PM:
Scenarios (small groups then large group)

12:00 AM – 1:00 PM

Lunch

1:00 PM – 4:00 PM
Scenarios (small groups then large group)

4:00 PM – 5:00 PM

Classroom, Certificates and Conclusion



Registration: For more information and to register for this course please contact Chief of FDLE Wellness Section, Patrick Crough at 239-284-9249 or via email at PatrickCrough@fdle.state.fl.us